


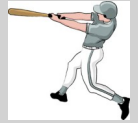







August 2016 MHSP The Link 613-284-4608

Mon	Tue	Wed	Thu	Fri
<p>1 Civic Holiday</p> 	<p>2 SF Link Opens 1:00 Drop In peer support</p> <p>2:30 Art Group Make your own abstract art</p> <p>4:30 Youth Group</p>	<p>3 9:30 Drop in/Check in Peer Support time</p> <p>1:30 </p> <p>3:30 Andrea/yoga</p>	<p>4 9:30 Link opens</p> <p>Friends in Sports Fishing Leave Link 10:00 Picnic BBQ </p>	<p>5 9:30 Drop in/Check in Peer Support time</p> <p>1:30 JEOPARDY!</p> <p>3:30 Yoga</p>
<p>8 Carleton Place 12:00-1:00 Swim 1:00 Peer Support Group CP</p>	<p>9 SF Link Opens 1:00 Drop In peer support</p> <p>2:30 Art Group 7:00 Family Support</p>	<p>10 Baseball Game 11:00-2:30 \$5</p> <p>Leave link 9:30 </p>	<p>11 Link opens 1:00</p> <p>2:00 Easy cooking and eating from the garden</p>	<p>12 9:30 Drop in/Check in Peer Support time</p> <p>1:30 Let's go Bowling \$2 bus provided</p>
<p>15 Carleton Place Pool closes for 2 weeks</p>	<p>16 SF Link Opens 1:00 Drop In peer support</p> <p>2:30 Art Group 4:30 Youth Group</p>	<p>17 9:30 Drop in/Check in Peer Support time</p> <p>1:00 Bead work Group</p> 	<p>18 Link opens 1:00 2:00</p> 	<p>19 Link opens 2:00</p> <p>5:00 Onstage Corn roast No cost tonight!</p> 
<p>22 Carleton Place Pool closed</p>	<p>23 SF Link Opens 1:00 Drop In peer support</p> <p>2:30 Art Group</p>	<p>24 9:30 Drop in/Check in Peer Support time</p> <p>1:00 Bead work Group 3:30 Gardening</p> 	<p>25 9:30 Link opens</p> <p>1:30 Matt BINGO 22/2cards</p>	<p>26 9:30 Drop in/Check in Peer Support time</p> <p>Movie afternoon </p>
<p>29 Carleton Place 12:00-1:00 Swim 1:00 Peer Support</p>	<p>30 SF Link Opens 1:00 Drop In peer support</p> <p>2:30 Art Group</p>	<p>31 9:30 Drop in/Check in Peer Support time</p> <p>1:00 Bead work Group</p> 