




















# MHSP The Link August 2017 284-4608

Mon	Tue	Wed	Thu	Fri
<p>No CP Monday group all month</p>	<p>1 <u>SF Link opens 1:00</u> Drop in / Check in 1:30 Cooking healthy foods</p> 	<p>2 9:30 Link Opens Drop in / Check in 1:30 Gardening</p> 	<p>3 9:30 Carleton Place grp No Lanark Art group in August <b>Link Opens 3:00</b> “Open Mic” an evening of Live Music 6:30-9:00</p>	<p>4 9:30 Link Opens Drop in / Check in 1:30</p> 
7	<p>8 <u>SF Link opens 1:00</u> Drop in / Check in 1:30 Cooking veggies</p> 	<p>9 9:30 Link Opens Drop in / Check in 1:30 Photography Group</p> 	<p>10 No CP or Lanark groups <i>Link opens 3:00</i> <i>Baseball Game Ottawa</i> <i>Hot dogs @ Link</i> 4:30-5:30/ Game 7-9:00 \$5</p> 	<p>11 9:30 Link Opens <b>12:30 Members Meeting</b> 1:30</p> 
14	<p>15 <u>SF Link opens 1:00</u> Drop in / Check in 1:30 Baking healthy foods</p> 	<p>16 Trip to Foley Mountain Leave Link 10:30 Bonfires Picnic lunch \$4</p> 	<p>17 9:30 Carleton Place grp <u>1:00 Link opens SF</u> 1:00 Drop in/ Check in 1:30 SF Art Group No Lanark Art group</p> 	<p>18 Link opens 3:00 5:00—9:00 \$4 Onstage BBQ &amp; Corn roast</p> 
21	<p>22 <u>SF Link opens 1:00</u> Drop in / Check in 1:30 Making Salsa</p> 	<p>23 9:30 Link Opens Drop in / Check in 1:30</p> 	<p>24 No Carleton Place grp No Lanark Art group Sports Fishing 10:30-2:00 Hot dogs \$.75</p> 	<p>25 9:30 Link Opens Drop in/ Check in 1:30 Music Circle &amp; Social afternoon no bus.</p>
28	<p>29 <u>SF Link opens 1:00</u> Drop in / Check in 1:30 Making pickles</p> 	<p>30 9:30 Link Opens Drop in / Check in 1:30 Photography Group</p> 	<p>31 9:30 Carleton Place grp <u>1:00 Link opens SF</u> 1:00 Drop in/ Check in 1:30 SF Art Group No Lanark Art group</p> 	<p><b>For bus enquiries call</b> <b>Matt:</b> <b>613-283-2170</b> <b>Ext 241</b></p>